

INSTRUCTION FOR USE

Soft Contact Lens

1. Indication for use

The product is a daily wear soft contact lens that is worn directly on the cornea of the eye for vision correction(myopia). Daily wear soft contact lens is not indicated for overnight wear, and patients should be instructed not to wear lens while sleeping.

2. How to use

2.1. Preparation before use

- (1) Strictly follow the contents instructed by doctor and this manual before use.
- (2) Before wearing or removing lens, necessarily wash, rinse and dry hands.
- (3) Check if there's any abnormal on lens.
- (4) If you have an eye disease or allergy, consult the eye care practitioner before use.
- (5) Remember the exact power of each eye and check it before wearing the lens.
- (6) Always prepare the extra lenses.
- (7) Check the expiration date of the lens.

2.2. How to use

- (1) How to wear
 - ① Clean lens, rinse it fully with saline solution or contact lens solution.
 - ② Put lens on index finger of right hand, check the shape of lens, and lower the lower eyelid with middle fingertip and raise upper eyelid with index finger of other hand to make your eye bigger.
 - ③ Slowly approach lens to cornea and slightly attach it to cornea, seeing mirror. At this time, never close your eyes. If you push the lens hard into the corneal, it can hurt your eyes, and if you blink in a hurry, the lens may fall out, so you should keep both eyes open until the lens is placed on the pupil.
 - ④ After lens is correctly attached to cornea, slowly detach your finger which spreads eyelid, from eyelid.
- (2) How to remove
 - ① Check the position of lens, carefully seeing mirror.
 - ② Raise upper eyelid with index finger or middle finger of left hand and lower the lower lid with middle finger of right hand and remove lens, lightly holding the lower part of lens with thumb and index finger of right hand.
 - ③ Remove the lens carefully because if you remove the lens excessively using sharp nails, the eye may get hurt or the lens may be damaged. If the eye is too dry to remove the lens easily, blink your eyes to shed tears or eye drops and relieve the dryness to remove the lens.

2.3. Storage and handling after use

- (1) Handling
 - ① Always use fresh sterile unexpired lens care solutions.
 - ② Do not alternate or mix lens care systems unless indicated on solution labelling.
 - ③ Different solutions cannot always be used together and Do not put lenses in the mouth.
 - ④ Clean one lens first (always the same lens first to avoid mix-ups), and put lens into correct chamber of the lens storage case. If the lens is not worn immediately after cleaning, replace the storage solution every time
- (2) Storage
 - ① Use contact lens solution for storage.
 - ② Disinfection, cleaning, rinsing, or lubricating use appropriate materials.
 - ③ Do not store their lenses with any water, such as tap, bottled or distilled, or with any non-sterile solution.
 - ④ After removing the lens from the case, clean the lens storage case and recommend to replace a new case at regular intervals.
 - ⑤ Lens storage case should be cleaned and dried to avoid bacteria growth.
 - ⑥ When placing the lens in the lens storage case, soak the lens so that it is not deformed or damaged by being caught in the lid or exposed to the air.

3. Precautions

- (1) Ask the eye care practitioner about wearing the lenses and eye diseases and follow their direction.
- (2) If your eyes are tired due to overwork, lack of sleep, or long-term

reading, stop wearing the lens and take a rest.

- (3) Make sure that storage solution must be used by specialized companies and any water, such as tap, bottled or distilled, or with any non-sterile solution should never be used.
- (4) Do not get cosmetics, lotions, soaps, or sprays in the eyes or on the lenses. It is best to put on lenses before putting on makeup.
- (5) Be careful not to damage the lens with your fingernails.
- (6) Cross wearing of lenses with other people must be prohibited.
- (7) If the lens is damaged or discolored, stop using it immediately and consult the eye care practitioner.
- (8) People who are exposed to dust or metal powder for a long time should avoid wearing the lens.
- (9) Do not wear lens while sleeping.
- (10) Do not wear lens in swimming pools or public baths.
- (11) Do not clean the lens with non-sterile water (including tap water).
- (12) Avoid all harmful or irritating vapors and fumes while wearing lenses.
- (13) Do not use expired lenses.
- (14) If left and right vision is the same, use left and right lens separately to avoid infection.
- (15) Wearing lenses for a long time and cross wearing of lenses with other people are harmful to health.

4. Contraindication

Soft contact lenses are contraindicated when any of the following conditions exist:

- (1) Acute or subacute inflammation of the lens, iris, or corneal.
- (2) Any eye disease, injury or abnormality that affects the cornea, conjunctiva or eyelids.
- (3) Any active corneal infection: Purulent bacterial, fungi, or viral.
- (4) Corneal hypoesthesia (reduced corneal sensitivity) if not-aphakic.
- (5) Any systemic disease that may affect the eye or be exaggerated by wearing contact lens.
- (6) Allergy to any ingredient in a solution which is to be used to care for the lens.
- (7) Allergic reactions of ocular surfaces or adnexa that may be induced or exaggerated by wearing contact lens or use of contact lens care solution.
- (8) If eyes become red or irritated.
- (9) Any eye disease, injury or abnormality in cornea, conjunctiva, or eyelids.
- (10) Severe insufficiency of lachrymal secretion (dry eye).

5. Warning

- (1) Problems with contact lens and lens care products could result in serious eye injury. It is essential that patients follow instructions for proper use of lens and lens care products, including the lens case.
- (2) Eye disease including corneal ulcers may develop rapidly and cause vision loss.
- (3) Do not wear lenses while sleeping unless you follow the instructions of approved products and eye care practitioner due to the risk of side effects.
- (4) Studies have shown that contact lens wearers who are smokers have a higher incidence of adverse reactions than nonsmokers do.
- (5) If a patient experiences eye discomfort, excessive tearing, vision changes, or redness of eye, the patient should immediately remove the lens and contact your eye care practitioner.
- (6) Eye drops, body changes (pregnancy, childbirth, etc.) may affect the wearing of lenses, so consult eye care practitioner.

6. Adverse Effects

- (1) Eyes stinging, burning (irritation) or other eye pain.
- (2) Comfort is less than when lens was first placed the eye.
- (3) Redness of the eyes, Excessive watering (tearing) of the eyes.
- (4) Poor visual acuity, sensitivity to light.
- (5) Dry eyes.

7. How supplied or storage condition

Each lens is supplied sterile in a blister pack or vial containing in saline solution at room temperate (1~35℃).

8. Others

Expiry Date (EXP, Symbol): See label or packaging
Lot number. (LOT, Symbol): See label or packaging
Diameter (DIA): See label or packaging
Radius of curvature (BC): See label or packaging
Power(D): See label or packaging

9. Symbols

 or EXP	Expiry date	 or LOT	Lot number
 or MD	Date of manufacture		Manufacturer
	Caution		Consult instructions for use
	Steam Sterilized		Do not use if package is damaged or opened.

10. Manufacturer

EYEMERA Co., Ltd.

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